**SCRIPTURE – THE CHOSEN – SECOND EPISODE**

**GENESIS 2: 1 – 3**

Thus, the heavens and the earth were finished, and all their array were completed. And on the seventh day God finished the work which had been done, and God rested on the seventh day from all the work which God had done. So, God blessed the seventh day and hallowed it, because on it, God rested from all the work which God had done in creation.

**EXODUS 20: 8 – 11**

Remember the sabbath day, to keep it holy. Six days you shall labour, and do all your work; but the seventh day is a sabbath to the Lord your God; in it you shall not do any work, you, or your son, or your daughter, your manservant, or your maidservant, or your cattle, or the sojourner who is within your gates; for in six days the Lord made heaven and earth, the seas, and all that is in them, and rested on the seventh day; therefore the Lord blessed the sabbath day and hallowed it.

**PROVERBS 31: 10 – 12**

A woman of valour who can find? Her husband, entrusting his heart to her, has an unfailing prize. She brings him good, and not evil, all the days of her life.

**PSALM 46**

God is our refuge and our strength, our ever - present help in distress.

Though the earth trembles, and mountains slide into the sea, we have no fear.

Waters foam and roar, and mountains shake at their surging,

but the God of hosts is with us – our stronghold, the God of Israel.

There is a river whose streams give joy to the city of God,

the holy dwelling of the Most High.

God is in its midst; it stands firm. God will aid it at the break of day.

Even if nations are in chaos, and kingdoms fall, God’s voice resounds, the earth melts away.

Yahweh is with us; the God of Israel is our stronghold.

Come! See the deeds of the Most High, the marvelous things God has done on earth.

All over the world, God has stopped wars – breaking bows, splintering spears,

burning the shields with fire.

“Be still! And know that I am God, exalted among the nations, exalted upon the earth.”

The Most High is with us, our stronghold is the God of Israel.

**MATTHEW 11:28 - 30**

(Jesus said,) “Come to me, all who labour and are burdened, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble of heart, and you will find rest for your soul. For my yoke is easy, and my burden is light.”

**LUKE 13:10 – 17**

On a Sabbath Jesus was teaching in one of the synagogues, and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, woman, you are set free from your infirmity. Then he put his hands on her, and immediately she straightened up and praised God.

Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people,” There are six days for work. So come and be healed on those days, not on the Sabbath.”

The Lord answered him, “You hypocrites! Doesn’t each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?

When he said this, all his opponents were humiliated, but the people were delighted with all the wonderful things he was doing.

**MATTHEW 26: 36 – 46**

Then Jesus came to a place called Gethsemane, and he said to his disciples, “Sit here while I go over there and pray.” He took along Peter and the two sons of Zebedee and began to feel sorrow and distress. Then he said to them, “My soul is sorrowful even to death. Remain here and keep watch with me. He advanced a little and fell prostrate in prayer, saying, “My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will.” When he returned to his disciples, he found them asleep. He said to Peter, “So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak. “ Withdrawing a second time, he prayed again, “My Father, if it is not possible that this cup pass without my drinking it, your will be done!” Then he returned once more and found them asleep, for they could not keep their eyes open. He left them and withdrew again and prayed a third time, saying the same thing again. Then he returned to his disciples and said to them, “Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look my betrayer is at hand.”